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SESSION ID: HUM-R01

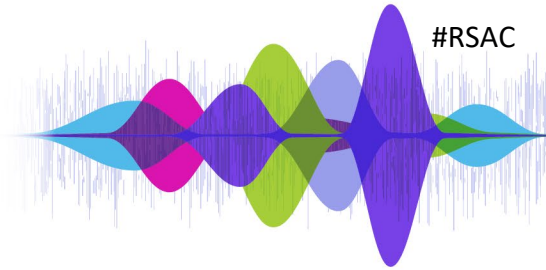
Damages: A Father And Son Discuss How the Digital Is Impacting Self-Image

Richard Bird

Chief Security Officer
Singulr AI
www.linkedin.com/in/rbird

Xavier Bird

Psychological Doctoral Candidate and Counselor
University of Denver



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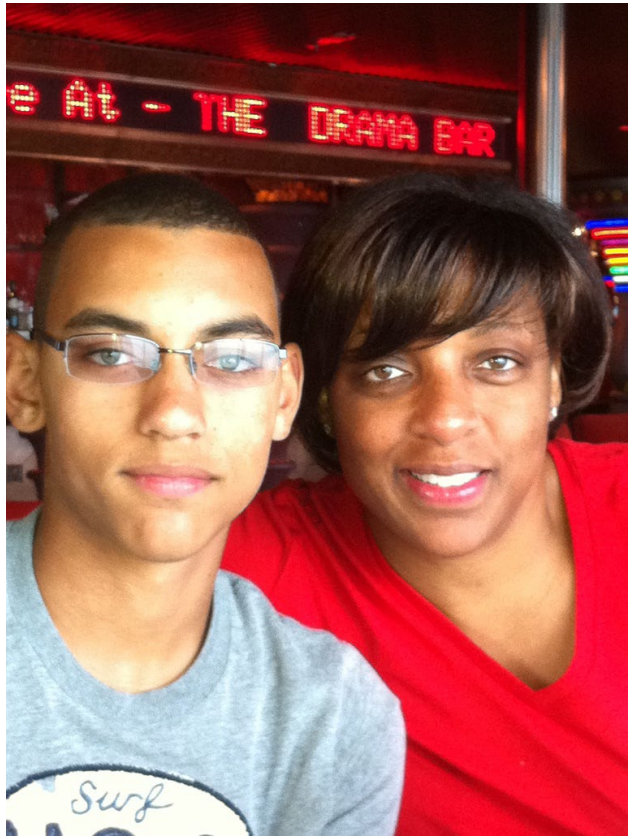
A Father & A Son – And A Digital Journey

This Band Has Been Together For 27 Years And Still Rockin’

A Bit More To Consider Before We Start



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20 Years Of Digital Growth

The Rise of Social Media

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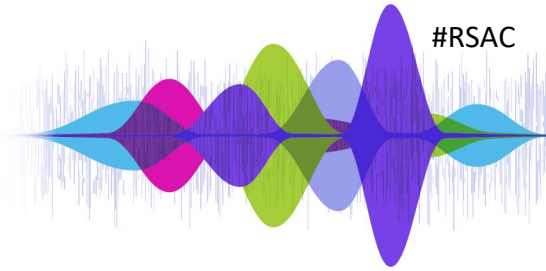
Growth & Consequences



Richard's Professional Perspective

- Anonymity – why and how?
- Barriers and boundaries to ubiquitous and uncontrolled access
- From expensive luxury to digital babysitters

Xavier's Personal Perspective

- No cell phone until 14
- Digital integration expands into every area of my life
- The impact and effects of digital exposure in my practice

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5 Minutes Of Fame

Influencer Culture & Ramifications For Mental Health

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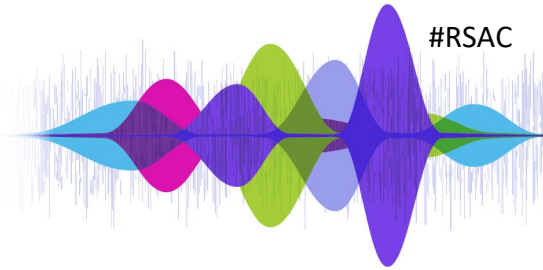
How The Digital Impacts Youth



- Influencer as a career path – adolescent expectations
- Normalization of antisocial or even criminal behaviors
- The transformation of language among youth
- Influencers have an outsized impact on youth compared to adults
- The elimination of consequences and empathy

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Blurred Lines: Digital = Analog

From Doxing to Swatting

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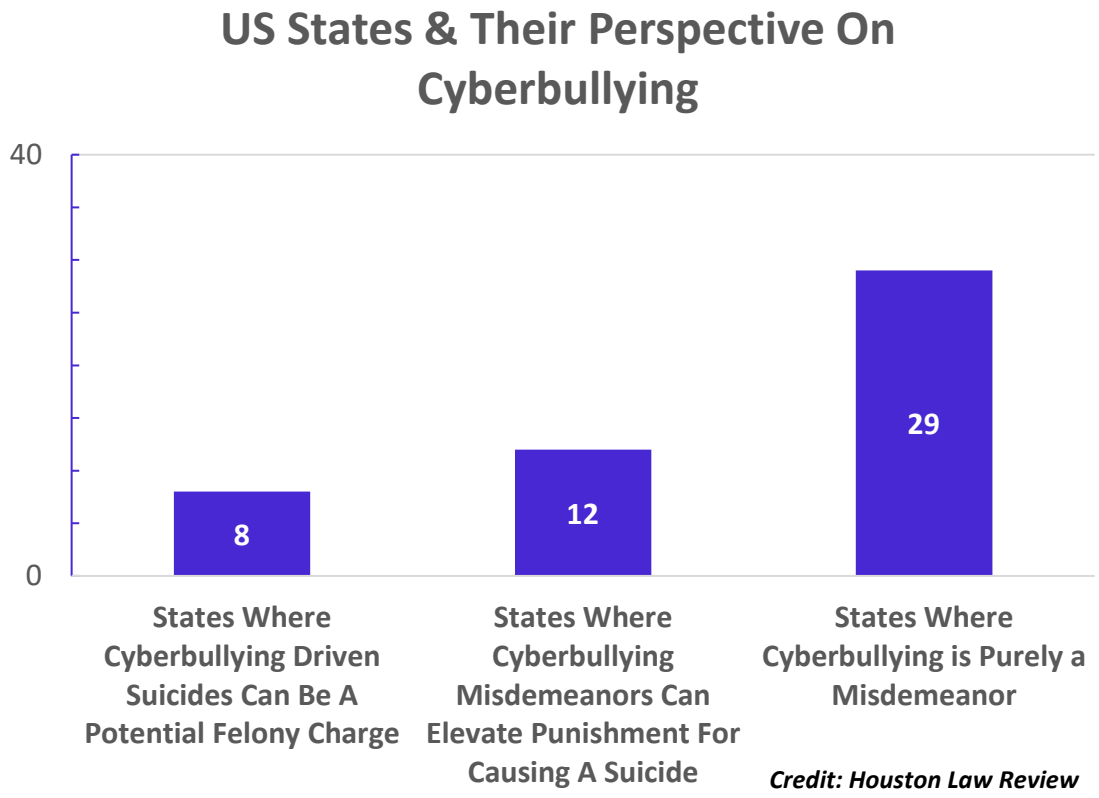
The Digital Is Not Separated From The Analog

From Prank Calls to Swatting

Credit: Onfokus / Getty Images

Bullying to Exploitation to Suicide


US States & Their Perspective On Cyberbullying
40
0
8
12
29
States Where Cyberbullying Driven Suicides Can Be A Potential Felony Charge
States Where Cyberbullying Misdemeanors Can Elevate Punishment For Causing A Suicide
States Where Cyberbullying is Purely a Misdemeanor

Credit: Houston Law Review

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AI And Adolescents

The Evolution of the Wish Fulfillment Machine

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AI Companions and Teens – A Concerning Mix

Credit: Megan Garcia
Daenero
I promise I will come home to you. I
Daenerys Targaryen c.ai
I love you too, Daenero. Please com
Daenero
What if I told you I could come hom
Daenerys Targaryen c.ai
...please do, my sweet king
Type a message

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The Industry, The Regulators And The Litigators

What Do The Digital Creators & Rule Makers Need to Consider?

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Is Anyone Responsible for Change?

Legislators

Lawyers

Corporations

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Parents And Young Adults

What Can We Do Together?

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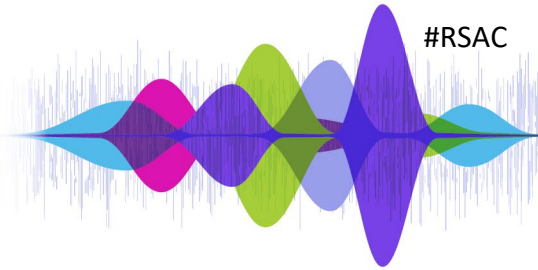
Practical Advice – From a Father and Son



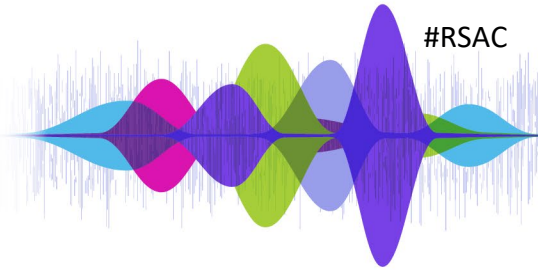
Dad

- Participate in the digital with your child – like you do in the analog
- Take time off from digital, together
- Encourage ”digital for a purpose” for yourself and your children
- Don’t let digital decide for your children
- Get outside!

Son

- Ask for help from your parents and your family
- Curate your feeds and content
- Find an interactive group outside of the digital
- Find positive digital spaces
- Listen to your parents! (Dad put this one in there)

Apply What You Have Learned Today



- Next week you should:
  - Have a frank conversation with your children about digital influence
- In the first three months following this presentation you should:
  - Address issues of stewardship within your own company
  - Be conscious of and research the digital channels your child uses
- Within six months you should:
  - Have a conversation or share an observation with a policymaker
  - Be substantially more aware of your child's digital habits and behaviors